

Tilak Maharashtra Vidyapeeth
Jaynatrao tilak college of Physiotherapy

Faculty details 2025.

1. DR. GAJANAN BHALERAO (PT)

Designation and speciality: Principal and Professor (Neurosciences)



View Bio: Dr. Gajanan Bhalerao holds master's degree in Neurosciences. He is a Certified Adult NDT therapist (NDTA USA), and also Certified Aquatic therapist from Kliniken Valens Switzerland. He has a vast clinical and academic experiences with more than 16 research publications in national and international journal.

Achievements: Recipient of Young Presenter's Scholarship Award in international congress on Neurology and Rehabilitation (ICNR) 2010, Goa & also awarded as second Best Paper in All Medicine faculty in scientific paper presentation at AVISHKAR MUHS Intra-University level, at Nashik 2010, State level research competition.

2. DR. VENKATASESHAN NEELMEGHAM (PT)

Designation: Professor (Musculoskeletal Sciences)



View bio: Dr. Venkateshan Neelmegham holds a masters degree in Musculoskeletal Physiotherapy. He has a vast clinical and academic experience of more than 14 years. He has promoted exploration of practical learning by teachings various hands-on sessions. He has more than 6 scientific research publications in national and international journal.

Achievements: recipient of the best teacher's award.

3. DR. ABHIJEET TOSHNIWAL (PT)

Designation: Professor (Neurosciences)



View bio: Dr. Abhijeet Toshniwal PT is a Professor with more than 11 years of academic experience. He holds a Masters degree in Adult Neurosciences. He has a vast clinical experience and is also a researcher in the field of Neurological Cases. He is a Certified Dry Needling Therapist. He has also presented a paper in the D. Y. Patil Electrotherapy Conference.

4. DR. SNEHAL PATEL (PT)

Designation: Professor (Neurosciences)



View bio: Dr. Snehal Patel holds a master's degree in Neurosciences. She has a vast clinical and academic experience of more than 10 years. She is an accomplished Professor and uses various innovative teaching learning methods in her Practical sessions. She brings extensive evidence-based learning for the students and holds a patent.

5. DR. POOJA SHARMA (PT)

Designation: Professor (Neurosciences)



View bio: Dr. Pooja Sharma holds a master's degree in Neurosciences. She has a vast clinical and academic experience of more than 10 years.

6. DR. CHANDRA IYER (PT)

Designation: Professor (Musculoskeletal Sciences)



View bio: Dr. Chandra Iyer holds a master's degree in Musculoskeletal Physiotherapy. She has a vast clinical and academic experience of more than 6 years. She teaches various evidence based practical sessions to advance Physiotherapeutic skill and often publishing the findings in peer-reviewed journals.

7. DR. RUTUJA KOWALE (PT)

Designation: Professor (Community Health and Rehabilitation)



View bio: Dr. Rutuja Kowale is a Professor and HOD IN Community Physiotherapy with 9.8 years of academic experience. She holds Master's degree in General and Community Based Rehabilitation.

Achievement: She has won Award of Excellence and Gold Medal in Physiosurge National Research 2025.

8. DR. SIDDHIMA HARDIKAR (PT)

Designation: Associate Professor (Neurosciences)



View bio: Dr. Siddhima Hardikar is an Associate Professor with more than 5 years of academic experience. She holds a master's degree in Neurosciences. She has a vast clinical experience and is also an avid researcher in the field of metabolic disorders.

Achievements: She has won 1st prize in scientific paper presentation at a National conference held by DY Patil college, Pune. She is also the author of book Hyperinsulinemia and Insulin Resistance in Clinical Practice.

9. DR. SANAT KULKARNI (PT)

Designation: Associate Professor (Neurosciences)



View Bio: Dr.Sanat Kulkarni is an Associate Professor with academic experience of 5 years. He hold a master's degree in Neurosciences and also has a respectable clinical experience in multiple Physiotherapy rehabilitations. He has many published research article in national and International peer-review journal.

10. DR. MANISH RAY (PT)

Designation: Associate Professor (Neurosciences)



View bio: View bio: Dr. Manish Ray (PT) is a physiotherapist specializing in Neuro Physiotherapy, with a strong focus on spinal cord injuries, stroke, and various neurological disorders. He holds a Master's degree (M.P.Th) in Neuro Physiotherapy from Sancheti Institute College of Physiotherapy, Pune. He has academic experience of 6+ years. Dr. Ray's professional development includes certifications in NDT/Bobath for stroke and brain injury, PNF Levels 3a (IPNFA).

Achievements: His achievements include serving as the Team Physiotherapist for the Indian National Para-Cycling Team at the 6th Asian Road Cycling Championship (Bahrain, 2017), speaker at CNS Hospital's CME on "Evolution of Motor Control,"

He has also authored a book on scapulothoracic muscle strength in volleyball players.

11. DR. ALLEN TIWADE (PT)

Designation: Associate Professor (Neurosciences)



View Bio: Dr. Allen H. Tiwade completed his master of Physiotherapy in Neurosciences and has been shaping the future of physiotherapy for over five years as an educator, focusing on critical thinking, clinical reasoning, and practical skills. His teaching approach ensures students are well-prepared to meet the demands of modern patient care.

12. DR. DHANASHREE P. SHINDE (PT)

Designation: Associate Professor (Cardio-Respiratory Sciences)



View bio: Dr.DhanashreeP.Shinde is a distinguished Associate Professor in Physiotherapy, specializing in Cardiovascular and Respiratory Physiotherapy. With as robust academic background with more than 6 years, she seamlessly integrates evidence-based practice with impactful teaching methodologies. Her clinical expertise encompasses intensive care unit (ICU), surgical care unit, medicine care unit, cardiac care unit, and pulmonary rehabilitation.

Achievements: She is contributing author in the book titled “Path to Diabetes Mellitus Type 2 Remission” and have more than 10 research publications in national and international journal.

13. DR. MINAKSHI KORVI (PT)

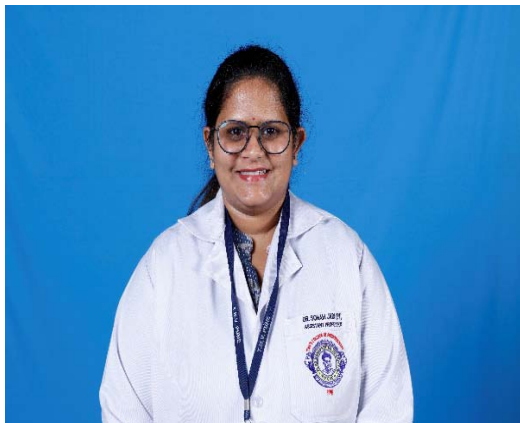
Designation: Associate Professor (Musculoskeletal Sciences)



View bio: Dr. Minakshi Korvi is an Associate Professor with more than 5 years of academic experience. She holds a master's degree in Musculoskeletal sciences. She has done various certification courses and uses them in her teaching learning method for theory and practical class.

14. DR. SONAM JAIN (PT)

Designation: Associate Professor (Community health and Rehabilitation)



View bio: Dr. Sonam Jain is a dynamic and research-oriented Physiotherapy academician with over 5 years of teaching experience and a strong focus on community rehabilitation. She has authored more than 14 peer-reviewed research papers and actively presents at national and international conferences. She holds a patent and her passion for student mentorship and on-field clinical expertise has earned her recognition across academic platforms.

Achievements:

1. Appreciation award for outstanding achievement in the field of Physiotherapy, 2022.
2. University topper (3rd rank) in MPT exam MUHS, 2020.

15. DR. ADITI SHAH (PT)

Designation: Assistant Professor (Neurosciences)



View bio: Dr. Aditi Shah is an Assistant Professor with more than 4 years of academic experience. she has been keen researcher and has significantly contributed to the field through her publications and peer-review in various reputed journals of Physiotherapy. Her major areas of interest in research are spinal cord injury rehabilitation and paediatric rehabilitation.

Achievements: gold medalist and overall university topper from D A V V , Indore.

16. DR. NAMITA BHANDARI (PT)

Designation: Assistant Professor (Neurosciences)



View bio: Dr. Namita Bhandari (PT) is an Assistant Professor with 2 years of academic experience and a Master's degree in Neurosciences. She brings a strong clinical background, having worked for 3.5 years prior to her academic role, including 1 year each in rural healthcare, tertiary-level hospital care, and ortho-trauma rehabilitation.

17. DR. PRANALI CHOUGULE (PT)

Designation: Assistant Professor (Neurosciences)



View bio: Dr. Pranali Chougule is an Assistant Professor with 1.5 years of academic experience. She holds a masters degree in Neurosciences. She has an extensive clinical experience in geriatric and stroke rehabilitation, demonstrating strong expertise in these areas. She has contributed to research, with two articles published in international journals indexed in web of science.

Achievements: secured first rank in master's examination & recipient of academic excellence award.

18. DR. SNEHAL SOLANKI (PT)

Designation: Assistant Professor (Neurosciences)



View bio: Dr. Snehal Solanki is an Assistant Professor with 1.8 years of academic experience, she is a dedicated assistant professor holding a Master's degree from MAHE, Bangalore. She brings expertise in neonatal intensive care and early intervention rehabilitation. Her passion for research drives her commitment to advancing knowledge and caring paediatric neurology.

19. DR. GORDON MIRANDA (PT)

Designation: Assistant Professor (Neurosciences)



View bio: Dr. Gordon Miranda (PT) is an Assistant Professor with 2 years of experience including clinical practice and academics. He is a certified vestibular rehabilitationist with a keen interest in neurorehabilitation and balance disorders. Dr. Miranda is a dedicated Physiotherapist who integrates into patient care and teaching. He is also a member of the American Heart Association and the Movement Disorder (MDS), reflecting his commitment to continuous learning and excellence in the field of Physiotherapy.

20. DR. MANASI SUKHTANKAR (PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



View bio: Dr. Manasi Sukhtankar is an Assistant Professor with over 4 years of academic experience. She holds a master's degree in Musculoskeletal Sciences and is a certified practitioner in Dry Needling, Myofascial therapy and Orthopaedic Manual therapy. She is also a qualified Nutritionist bringing a holistic approach in teaching.

21. DR. BHAKTI KARDILE (PT)

Designation: Assistant Professor (Community Health and Rehabilitation)



View bio: Dr. Bhakti Kardile is an Assistant Professor with a master's degree in Community-Based Rehabilitation. She is a certified in range of advanced Physiotherapeutic techniques, including Orthopaedic Manual Therapy, Pilates, Instrument-Assisted Soft tissue Mobilization (IASTM), cupping, Taping and Physiotherapy management for obstetric and gynaecological disorder. Her diverse expertise enhances her teaching and hands on- Practical.

Achievements: 1. 2nd rank in International Sports Unite Multidisciplinary conference, Bharati Vidyapeeth, Pune.

2. 2nd rank in poster presentation in national conference, Motiwala college of Physiotherapy conference ASSESSIO CON, Nashik, 2024.

3. 1ST rank in 2ND International Conference on Arthritis 2024.

22. DR. MAYURI BURKUL (PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



View bio: Dr. Mayuri A Burkul is an Assistant Professor working at Tilak Maharashtra Vidyapeeth Since 2 months. She holds Masters degree in Musculoskeletal Sciences. She has a vast clinical

experience and She has won 1st prize for paper presentation in National Association of physiotherapist (IAP) 2024 Dehradun. 2'nd prize in INCPT 2023 for the paper presentation. She worked for special children rehabilitation for 1.5 years clinical practice.

23. DR. SHWETA CHAUDHARI (PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



View bio: Dr. Shweta Chaudhari is an Assistant Professor with one month of academic experience .She holds a master degree in Musculoskeletal science.

24. DR. VRUSHALI DURG E (PT)

Designation: Assistant Professor (Community Health and Rehabilitation)



View bio: Dr.VrushaliDurge is an Assistant Professor as a fresher (1 month) of academic experience. She holds Masters degree in Community Based Rehabilitation. She also holds a 1 year of clinical experience.

25. DR. POOJA PAREEK (PT)

Designation: Assistant Professor (Musculoskeletal Sciences)



View bio: Dr. Pooja Pareek is an Assistant Professor & holds a masters degree in Musculoskeletal Sciences.

26. DR. APURVA VAIDYA (PT)

Designation: Assistant Professor (Cardiovascular and Respiratory Sciences)



View bio: Dr. Apurva Vaidya is an Assistant Professor & holds a masters degree in Cardiovascular and Respiratory Sciences.

27. RASIKA JADHAV (PT)

Designation: Assistant Professor (Community Health And Rehabilitation)



View bio: Dr. Rasika Rajendra Jadhav is an Assistant Professor. She holds Masters degree in Community Based Rehabilitation.